## THE CURRAGH CAFE

Curragh Cafe, is open from 7.30am for breakfast
Please ensure you bring your Student card to purchase from the Curragh Cafe

Hot Chocolate, Iced Chocolates for all students, and Coffee is available for students in Years 11 and 12 and staff.

Morning Tea \& Lunch hours as per School bells. Fresh and Nutritious food options are prepared in the Cafe, daily.

Our Cafe, is self service where you collect your food and drinks and proceed to the checkouts to pay with your School Card.

Online ordering is available through MyMonitor. To avoid missing out on your favourite food, ordering online is suggested.

SOCIAL DISTANCING AND HAND SANITISING IN THE TUCKSHOP PLEASE

## DIETARY REQUIREMENTS

We are happy to provide any dietary
requirements. These options are available to order online only. Please come and talk to us if there is something specific we can help you with.

However, while all care is taken these foods may contain traces of those Allergens.

## $g f$ - gluten friendly

df - dairy free
$v$ - vegetarian
If - lactose free


[^0]BREAKFAST
Bacon/egg/cheese muffin \$5.00 Ham and Cheese Croissant \$3.00
Toasties \$5.00
Hash Brown gf v $\quad \$ 1.50$
Watermelon gf v
Fresh Fruit Salad gf v \$4.50
Greek Yoghurt gf
Greek Yoghurt with granola

## EVERYDAY - BREAKS 1 AND 2

| Assorted Fresh Sandwiches/Wraps | from $\$ 4.50$ |
| :--- | ---: |
| Vegemite or Cheese sandwich | from $\$ 2.50$ |
| Freshly made Salads | from $\$ 6.00$ |
| 2min Chicken Noodles [online order only] | $\$ 3.00$ |
| Garlic Bread Roll v | $\$ 3.00$ |
| Fresh Fruit Pots gf v | $\$ 4.50$ |
| Toasties [online order only] | from $\$ 5.00$ |
| Carrot Sticks \& Hommus gf df v | $\$ 3.00$ |
| Mexi Salad gf | $\$ 6.00$ |

## DRINKS

Crystal Clear Water 600 ml \$2.00
Breaka Chocolate $250 \mathrm{ml} \quad \$ 3.00$

Breaka Iced Coffee 425ml $\$ 4.50$
Zymil Chocolate 400ml \$5.00
Juice pop top 250ml \$2.50
Orchy Juice $375 \mathrm{ml} \quad \$ 4.00$
Krazy Lemon 200ml \$3.00
Chill Iced Tea 500 ml \$4.50
Smoothie 500ml $\$ 6.00$
Mineral Water 475ml \$4.00
Gatorade 600 ml \$6.00

## EVERYDAY SNACKS

| Assorted Muffins | $\$ 4.00$ |
| :--- | :--- |
| Cookies | $\$ 1.00$ |
| Smarty Pants Cookies gf | $\$ 3.50$ |
| Banana Bread | $\$ 3.50$ |
| Banana Bread gf df | $\$ 4.50$ |
| Caramel Slice of | $\$ 3.50$ |
| Cheese \& Crackers | $\$ 4.00$ |
| Cheese, Crackers \& Salami | $\$ 4.50$ |
| Fresh Whole Fruit | $\$ 2.00$ |
| Greek Yoghurt gf | $\$ 4.00$ |
| Red Rock Potato Chips gf | $\$ 2.00$ |
| Smiths Chips gf | $\$ 2.00$ |
| Grain Waves | $\$ 2.00$ |
| Popcorn gf | $\$ 2.00$ |

## ICEBLOCKS

| Zooper Dooper | $\$ 1.00$ |
| :--- | :--- |
| Orchy Juice Cup | $\$ 1.00$ |
| Mini Calippo | $\$ 2.00$ |
| Lemonade Icy Twist | $\$ 2.00$ |
| Paddlepop | $\$ 3.00$ |
| Frozen Yoghurt Twist | $\$ 3.00$ |

## SALADS (FROM \$6.00)

Mexi of v
Mexi of If $v$
Greek Pasta Salad w Feta v
Chicken Salad gf
Egg \& Avocado Salad gf v
Chicken Ceasar Salad
Caesar Salad

## DAILY - DURING BREAKS 1 AND 2

MONDAY
Butter Chicken \& Rice of If $\quad \$ 6.00$
Pasta Bake $v \quad \$ 4.50$
Wedges, sourcream and sweet chilli sauce v $\quad \$ 5.00$
King Sausage Roll $\$ 5.00$
Spinach \& Feta Roll $v \quad \$ 5.00$
Chicken Goujons [4] \$3.00
Salad of the Day of $\quad \$ 6.50$
$\begin{array}{ll}\text { TUESDAY } \\ \text { Beef Nacho's, sourcream, salsa off } & \$ 6.00\end{array}$
Beef Nacho's, sourcream, salsa $\quad \$ 6.00$
Pasta Bake \$4.50
$\begin{array}{ll}\text { Pasta Bake } & \$ 4.50 \\ \text { Traveller Pie } & \$ 5.00\end{array}$
Chicken Nuggets [6] \$5.00
Cheese \& Spinach Roll $v \quad \$ 5.00$
Salad of the Day of $\quad \$ 6.50$
WEDNESDAY
Beef Sliders [2]
$\begin{array}{ll}\text { Beef Sliders [2] } & \$ 6.50 \\ \text { Pasta Bake } v & \$ 4.50\end{array}$
Chicken Goujons [4] \$3.00
King Sausage Roll $\$ 5.00$
Spinach \& Feta Roll v \$5.00
Sushi of $\$ 4.00$
Salad of the Day of $\quad \$ 6.50$
THURSDAY $\quad \$ 5.00$
$\begin{array}{ll}\text { Sweet Chilli Chicken wrap } & \$ 5.00 \\ \text { Spaghetti Bolognese } & \$ 6.00\end{array}$
Fried Rice $\quad \$ 5.00$
Cheese and Spinach Roll v \$5.00
Traveller Pie $\$ 5.00$
Potato Gems/sauce v \$3.00
Sushi off \$4.00
Salad of the Day of $\quad \$ 6.50$
FRIDAY
$\begin{array}{ll}\text { Pizza } & \$ 5.00 \\ \text { Butter Chicken of } & \$ 6.00\end{array}$
Pasta Bake v \$5.00
Meat Pie $\$ 4.50$
King Sausage Roll \$5.00
Spinach \& Feta Roll v \$5.00
Salad of the Day of $\quad \$ 6.50$


[^0]:    Shaping women of our time

